Family emergency plan

01 People and responsibilities

Plan with your household. Follow local official instructions. Keep completed copies private.

Household name and review date

A name you recognize; date you last checked the plan

Who the plan covers

People, pets, access needs and preferred languages

Who does what, and who is the backup?

Contacts, children, pets, supplies and transport

Review contacts and responsibilities after changes. Discuss medication storage and equipment power with your care team; this worksheet does not prescribe treatment.

Family emergency plan

02 Meet and communicate

Plan with your household. Follow local official instructions. Keep completed copies private.

Out-of-area contact

Name, phone and another way to reach them

Meeting place outside the home

A specific place everyone can identify, if safe to reach

Meeting place outside the neighborhood

Address, backup location and how to get there

If phones or the internet do not work

Paper contacts, agreed check-in times and safe meeting arrangements

School, work and caregiver plans

Pickup permissions, reunification procedures and contacts

Review contacts and responsibilities after changes. Discuss medication storage and equipment power with your care team; this worksheet does not prescribe treatment.

Family emergency plan

03 Leave, shelter and support

Plan with your household. Follow local official instructions. Keep completed copies private.

Official alerts and instructions

Local emergency-management channels and locations to monitor

Transport and a backup

Driver, accessible transport and alternatives agreed in advance

Places you could stay

Confirm access needs and whether pets are accepted

Children and pets

Pickup lead, carriers, comfort items, food and care contacts

Care and equipment plan

Where the clinician-approved medication and power plan is kept; avoid unnecessary sensitive details

Where supplies and paper copies are kept

Go-bags, water, keys, documents, chargers and contact cards

Next practice and review

One action, its owner and a realistic date

Review contacts and responsibilities after changes. Discuss medication storage and equipment power with your care team; this worksheet does not prescribe treatment.